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Emergency Line #855-389-3500

Post-Operative Instructions for Root Canal Therapy

After Root Canal Therapy, you can expect some degree of soreness associated with the tooth and surrounding tissues. It will feel “bruised”. This soreness will diminish gradually and the tooth will feel better over the next few days.

To encourage the healing process, the following is highly recommended:

1. Your Root Canal treatment may take more than one visit. It is imperative that you return at your designated appointment for completion to avoid unnecessary complications and/or potential failure.
2. For the next 3 days, take 600-800mg (3-4 over-the-counter tablets) of ibuprofen (Advil, Motrin) every 6 hours as needed for pain. Additionally you may add 500mg of acetaminophen.
 - a. If you are unable to take ibuprofen or aspirin-like products, then take 1000 mg (2 extra strength over-the-counter tablets) of acetaminophen (Tylenol) every 6 hours as needed.
3. If you were given a prescription for antibiotics and/or pain relief medication, please follow the directions for each as this will expedite the healing process and reduce post-operative discomfort.
4. If you experience discomfort which cannot be relieved by the medications given to you, please contact the Doctor at your earliest convenience.
5. Avoid chewing on the tooth for the next several days by chewing on the opposite side.
6. Sometimes swelling/puffiness may occur and if so, please contact the office.
7. After the root canal is finished you **MUST** return to your dentist for a permanent restoration within 4-6 weeks after completion in order to avoid possible tooth fracture and/or recontamination of the root canal.